

Lefay Resort & Spa, Gagnano, Italy

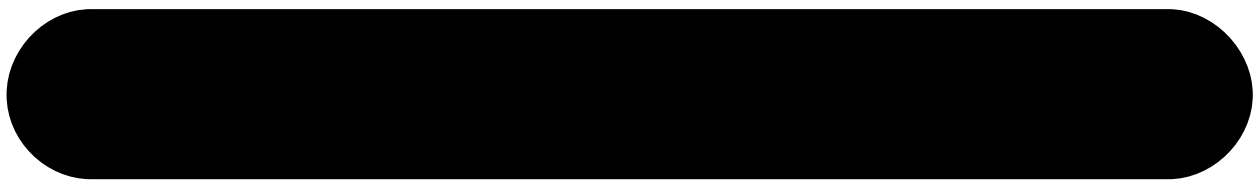
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Lefay Resort & SPA Lago di Garda, the first jewel of the “Lefay Resorts Collection”, is located in Gargnano, inside an 11 hectares natural park in the heart of the spectacular and renowned Riviera dei Limoni, surrounded by gentle hills and natural terraces rich in olive trees and woods overlooking the lake. Partner of the prestigious networks Small Luxury Hotels of the World, Healing Hotels of the World, Virtuoso and Kiwi Collection, it is the first 5-Star Superior Resort on Lake Garda. It was opened on August 8th, 2008.

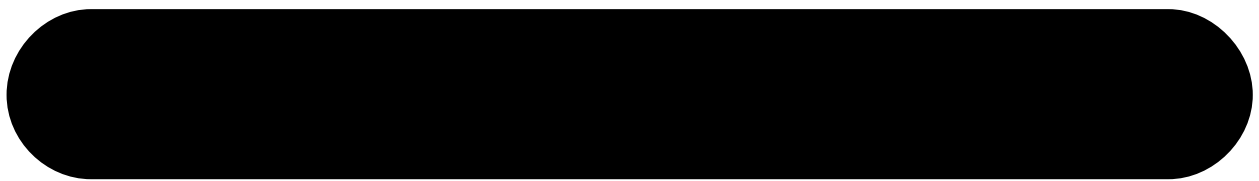
The Lefay SPA is divided into three areas: the “World of Water and Fire”, which includes all areas connected to swimming pools, saunas, grottos and small lakes; “Nature and Fitness”, which consists of a large gym fitted out with all the latest equipment for training and a fitness studio for courses and fitness activities; “In Silence and among the Stars: Trilogy in the Air”, which is made up of all the outdoor areas equipped for sporting activities and trails dedicated to wellness and relaxation.







Lefay, in cooperation with a team of physicians recognized internationally in different holistic disciplines, has created the Lefay SPA Method, which combines the principles of Classical Chinese Medicine with Western scientific research.



Lefay SPA Method created a special line of personalized dermatological beauty products for face and body, which are also used during treatments. The exclusive “Lefay SPA” line of dermatological treatments, also available at our shop and online, helps the skin to breath, allowing it to rediscover its natural beauty.

Prices for the day spas: € 140 per person from Monday to Thursday and € 170 per person from Friday to Sunday and holidays.

www.lagodigarda.lefayresorts.com